

www.bamberg.army.mil / Fri. April 6, 2007 / VOL. 2, Issue 14

Nominate a "star" in the community Bambera PAO

Nominations are being accepted now through April 20 to recognize and honor the "stars" of our community —- volunteers.

Army Community Service, Army Volunteer Corps (AVC) Coordinator Kimberly Millner encourages community members to nominate individuals to be honored at the annual Volunteer Recognition Ceremony in late May. A deserving volunteer may be a fellow Soldier, neighbor, friend, youth or co-worker that donates their time and talents to a variety of agencies, activities and private organizations.

"We are so lucky to have such a talented group of individuals on our installation that make it possible for youth to have coaches, Girl Scout and Boy Scouts to have leaders, entertainment by the actors and actresses of the Stable Theater, and family members holding the Family Readiness Groups together", Millner says.

Daily, volunteers work to enhance the lives of Soldiers, family members and civilians within our community and inspire others to do the same.

Millner reports that in 2006/2007 Bamberg's "stars" have donated over 40,000 hours of time, saving the community approximately \$800,000. The statistics are impressive but the impact on the community is immeasurable.

Here's a look at some of the community contributions and improvements that were made possible by volunteers in 2006/07.

- Community Action Day helped build a new park and path across from the Bamberg Elementary School.
- Vacation Bible School provided a week long program for approximately 100 children.
- A new kiddie corner at the Health Clinic complete with furniture, toys, books and puzzles is now available.
- Girl Scout books, flags, and supplies that were damaged in a fire were replaced.

- The Army Community Service PEP Program, offered once a month, helped hundreds of newcomers become familiar with the Bamberg community.
- Army Family Action Plan Conference (AFAP) delegates worked through quality of life issues this past February.
- Volunteer hours gave Bamberg Middle/High School students the opportunity to participate in programs such as:
 - Future Educators of America
 - Junior Leadership Seminar
 - International Leadership Seminar
 - European Sports Championships ...and many more.

One look around Warner Barracks shows how volunteers are endlessly investing in our community.

Bamberg's Army Volunteer Corps, totaling 301 active volunteers, are a shining example of the 2007 Volunteer Week theme, "Volunteers...the stars of the Community".

National Volunteer Week, April 15 –20, is the perfect opportunity to say 'thanks' by nominating an individual to be honored as a Volunteer of the Year. Nominations can be made in the following categories: Family member, Active duty, Youth, Outstanding Volunteer agency, Individual Unit (Family Readiness Group) or Civilian (non-soldier or family member).

Nominations must be submitted by April 20. To request an electronic application send an e-mail to Kimberly.Millner@eur.army.mil. This year's Volunteer Recognition Ceremony will take place on Fri. May 23.

To discover what volunteering means to you, contact Army Community Service and find out how you can become a registered and active volunteer in our community at 0951-300-7777.

Community Announcements

Apply for Summer Hire Program

Applications are being accepted now through May 11 for the 2007 Summer Hire program. This year's Summer hire program runs June 25 through August 3, 2007. (continues next page)



Photos:Amy Bugala and Simon Hupfer

The program is open to all Family Members (FM) between the ages of 14 to 22 years old. Applicants must be a FM of an active military member or DoD civilian and must be 14 years old by June 25, 2007 and cannot reach their 23rd birthday prior to the end of the program on August 3, 2007.

Non-U.S. family members may apply if they are at least 15 years old by June 25, 2007 and have not reached their 23rd birthday prior to the end of the program. Jobs are available in clerical, labor and child development center work.

Eligible applicants need to complete an online resume available at http://cpolrhp.belvoir.army.mil/eur/index.htm. Applying online is the only acceptable method. All resumes must be received no later than midnight Central European Time (CET) on May 11, 2007.

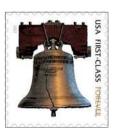
In-processing packets must be completed and turned in to the Bamberg CPAC Office located in Bldg. 7108 (near gate 1) within 8 days after submitting your resume online. Applications without in-processing packages on file at CPAC by the above stated date, will not be considered as a valid application.

For more information go to the Summer hire link online at http://cpolrhp.belvoir.army.mil/eur/index.htm. or e-mail questions to SummerhireInquiry@eur.army.mil.

Postal rate change effective May 14

The cost of mailing letters weighing up to one ounce will increase from 39 to 41 cents on May 14. The chart below shows the upcoming rate changes. For more information go to www.usps.com.

	OLD PRICE	NEW PRICE
Letter up to 1 ounce	39 cents	41 cents
Letter more than 1		
ounce up to 2 ounces	63 cents	58 cents
Postcard	24 cents	26 cents
Priority Mail		
Flat-rate envelope	\$4.05	\$4.60
Priority Mail		
Flat-rate box	\$8.10	\$9.15
Express Mail		
Flat-rate envelope	\$14.40	\$16.25
Parcel Post		
1-pound package	\$3.95	\$4.50
Military postal money		
Order	25 cents	30 cents



Buy "forever" stamp now and save later The United States Post Office will begin selling the "forever" stamp on April 12. The stamp costs 41 cents and will be valid to mail a one-ounce First-class letter regardless of future price changes. The stamp can be purchased at the Bamberg Post Office in booklets of 20. Customers can begin using the stamp after the postage

rate increase on May 14. Once prices change May 14, the Forever stamp will remain on sale at the 41-cent First-Class oneounce letter price until the next price change.

Suicide is preventable

Spring, the season of new life is when most suicides occur. Suicide is one of the top ten causes of death in the United States. It ranks as the third leading cause of death among those 15 to 24 years old. Last year alone over 30,000 persons killed themselves; that is one suicide every 17 minutes. Almost everyone has thought about suicide, but no one needs to die by their own hand.

Suicide is preventable, if you watch for the warning signs, stop to ask a few questions, and take the time to help. Here are a few key points to help guide your questions and some suggestions on how to help. Don't be afraid to ask!

Watch for these Warning Signs:

- Confusion
- Financial reversal or loss of social status
- · A family history of suicide
- · Previous suicide attempts
- Feelings of failure
- Talk about death or committing suicide
- Lack of roots or social relationships
- · Over emphasizing a lack of suicidal thoughts
- · Withdrawal from others and outside activities
- Recent break-up of a significant relationship

What to do Provide AID...

ASK: Don't be afraid to ask "are you

thinking about hurting yourself?"

INTERVENE: Immediately!
DON'T: keep it a secret

Follow the acronym LIFE

LOCATE HELP: Contact a staff duty officer,

chaplain, doctor, nurse, friend, family,

or crisis hotline

INFORM: Chain of command of the situation FIND: Someone to stay with the person.

Don't leave the person alone!

EXPEDITE: Get help immediately! A suicidal person

needs immediate attention from those

that can help

If you need help or you are concerned that someone you know may be at risk of suicide, there are caring professionals in the Bamberg community that are here to help. Don't be afraid to ask!

Social Work Services 469-7793

Mental Health Services 469-9016

Bamberg Chaplain's Office 469-1570

For after hours Chaplain call the EOC 469-7492 / 9150

Military Police DSN:114

Military Family Life Consultants 0175-600-8373

01511-6989-433

Source: Directorate of Health Promotion and Wellness U.S. Army Center for Health Promotion and Preventive Medicine. From "Suicide Help Card" and "Targeting Suicide" brochure at http://chppm-www.apgea.army.mil/

PEO Soldier to display latest Army equipment during three-stop Germany tour April 2 – 11

PEO Soldier news release

Program Executive Office (PEO) Soldier will showcase its most technologically advanced equipment and systems at the U.S. Army Europe (USAREUR) PEO Soldier Germany Tour from April 2 – 11. PEO Soldier's Strategic Communications Team is bringing a full-scale, hands-on exhibit that includes examples of weapons, clothing, sensors, lasers, and other gear so that USAREUR Soldiers and leaders can see the new equipment the Army is developing for them.

Tour Schedule:

April 2—-6 Hohenfels Community Activities Center, Bldg. 40,

Hohenfels Training Area
April 7—8 Vilseck Post Exchange

April 10—11 Wiesbaden Army Airfield Reunion Center, Bldg. 1638

The exhibit will be open from 10 a.m. to 4 p.m. every day.

PEO Soldier subject matter experts will be on hand to discuss how PEO Soldier equips our troops with the gear they need, when and where they need it. For more information pick up a copy of the April 4 edition of the Bavarian News or visit PEO Soldier at www.peosoldier.army.mil.

Community Closures / Changes

Services limited due to holiday

Some garrison services may be limited due to the German Holidays on Fri. April 6 and Mon. April 9. Please call ahead to confirm operating hours.

Health Clinic services limited

Limited Services will be available at the Health Clinic on Thur. April 5 from 1 to 4:30 p.m. due to mandatory training.

Easter Closures

The Bamberg Commissary will be closed on Sunday, April 8, however all AAFES shopping facilities in Bamberg will be open regular hours on Easter. All shops on the economy will be closed on Friday, April 6 and on Easter Monday, April 9. Stores in Bamberg are regularly closed on Sundays. Make certain you plan accordingly.

Community Chapel

Seasonal Religious Services Schedule

(all services held at the chapel unless otherwise noted)

Catholic Holy Week Worship Schedule

April 5	Holy Thursday (Lord's Supper Service)	5:30 p.m.
April 6	Good Friday (Veneration of the Cross)	3 p.m.
April 7	Holy Saturday (Easter Vigil)	7 p.m.

Sunday Services

April 6	Lutheran (last service)	6 p.m.
April 8	Catholic Easter Sunday Mass	9 a.m.
April 8	Protestant	11 a.m.
April 8	Free Gospel (at Preston Hall)	11 a.m.

Published weekly by the USAG Bamberg Public Affairs Office. To submit an announcement call 469-2000 or e-mail bambergpao@cmtymail.98asg.army.mil

Seasonal Events



Pictures with the Easter Bunny

Hop along to the Community Activities Center, Bldg 7047 on Sun. April 8 to have your picture taken with the Easter Bunny. The Portrait Studio will be taking pictures from 11 a.m. to 3 p.m., on a walk-in basis. \$6 for 1 picture, \$10 for 2 pictures or inquire about the "Special Easter Package". For more info, contact Kimberly Augustine at the CAC at 469-8659.

Photo by Shannon Long

Easter egg bowling

Grab your bonnets, baskets and bowling balls and head to the Bamberg Birchview Bowling Center, Bldg 7690 on Easter Sunday from 11 a.m. to 3 p.m. Kids bowl for \$0.75 per game. For more information contact Jay Cooper at 469-7722

Easter Breakfast and egg hunt

Bamberg Warner Club is offering an Easter Sunday Breakfast April 8 from 10 a.m. to 2 p.m. including an Easter egg hunt for all children under 14. Cost is \$8.50 per adult, \$5 per child (under 12) or \$25 for families (2 adults, 2 children under 12). Reservations are recommended. Please register your child for the egg hunt in advance. Contact the Warner Club at 469-7596.

Weekly Reminders

April 16 -20 People Encouraging People (PEP)

Are you new to USAG Bamberg? Get to know the garrison and the town by touring the city with the ACS PEP program. Learn how to use the public transportation system, how to shop and see the Bamberg Klinikum. Free childcare is provided for all PEP attendees (space is limited). PEP is free and takes place Mon. April 16 to Fri. April 20, 8:30 a.m. to 2:30 p.m. Call Bamberg ACS at 0951-300-7777 for details.

Job opportunities listed online



For all job opportunities in the local area and world-wide go to the U.S. Army Civilian Personnel Online Web

Site at www.cpol.army.mil Job search and resumix application assistance is available through the Bamberg ACS Employment Readiness Office. Call 469-7787 for more information.

Place Classified Ads for FREE

Do you have a vehicle for sale? Items wanted, lost or found? Homes for rent? Collectibles for sale? Pets for sale or free? Tell everyone about it by placing a free classified ad in the Bavarian News. The text for your ad can be sent directly to the newspaper publisher via an online application. Go to http://www.rlehner.de/milcom/bn/free.html Ads are free for members of the U.S. Army only.

WOUNDED SOLDIER AND FAMILY HOTLINE

The "Wounded Soldier and Family Hotline" can be reached at 1-800-984-8523.

Continuing Education Resources

Apply for AER scholarship

The AER Spouse education grant for Term V application deadline is Mon. April 30. The Overseas Spouse Education Assistance Program (OSEAP) is a need-based education assistance program designed to provide Army spouses, residing with active duty Soldiers overseas with financial assistance in pursuing educational goals. The purpose of the program is to assist spouses in gaining the education required to allow them to qualify for increased occupational opportunities. For more information go to www.aerhq.org or visit the education center for an AER application.

Submit BSSC Scholarship applications

The Bamberg Spouses' and Civilians' Club scholarship application deadline for Term V is Tue. May 8. Stop by the Thrift shop during operating hours to pick up an application.

Health and Safety

Get certified!

The Red Cross is offering a Full CPR and First Aid Course on Sat. April 14 from 8 a.m. to 5 p.m. Cost is \$45 per student and includes all materials. Classes take place in the ACS Bldg, Room 129. Do you have a group of six or more that would like to take a CPR class? Contact our office and we will work with you to schedule it. Is your certification expiring soon? Contact us for information on renewals. Call the Red Cross for more information at 469-1760.

Thur. April 12 — Last chance to join Spring Session of the Civilian Fitness Program

Spring Assessments for individuals wishing to start the Civilian Fitness Program will be conducted at the Freedom Fitness Facility on Thur. April 12 from 10 a.m. to noon. The Civilian Fitness Program helps you adopt a healthier lifestyle by incorporating a regular exercise program into your work week. Once enrolled, DOD civilian employees are allowed three 1 hour exercise sessions per week during normal work hours over a 6 month period of time. For more information please contact Health Promotion Coordinator Angela Hunter at 469-7043 (Tue. and Thur.) or 354-6793 (Mon-Wed-Fri)

School News

Apply for Sure Start Pre-Kindergarten Programs

If you have a child that is four years old or will be four years old by Oct. 31, 2007 and you are an E1—E4, we want you! Please stop by the Bamberg Elementary School April 16 through 27 to apply for the Sure Start Pre-Kindergarten program for school 2007-08. Please bring current month-end LES to verify rank. For more information contact BES at 469-7616 or 0951-300-7616

BES April newsletter online

The April edition of the Bamberg Elementary School newsletter is available online at www.bamb-es.eu.dodea.edu/ A copy may be picked up at the school.

BES Spring Registration

Bamberg Elementary School Registration packets for the 2007/08 school year will be sent home with students on Mon. April 16. Registration is required for all new (including Sure Start and Kindergarten) and returning students.

Spring Registration dates will be April 17—20, 2007 8 a.m. to 4 p.m. (closed for lunch 1 to 2 p.m.)

Registration personnel from the Middle School/ High School will be at BES on **Thur. April 19** to register families with children in both schools. For returning students, please make certain we have current orders on file before registering. Parents are welcome to call to verify at 0951-300-7616.

Online registration option

The DoDDS-Europe Pre-Registration web site will be available for parents/sponsors to pre-register students for next year during the first week of April. The site allows you to update current information, enter brand new students, and print out the standard forms needed to register. To access the site go to the DoDDS-Europe official web site at www.eu.dodea.edu and click on the "Registration" link. There are instructions for creating a user ID and password as well as a downloadable user manual. A help link allows users to request assistance via e-mail. Use of the site is optional and parents still need to visit the school to finalize registration.

BHS Spring Registration for SY 2007/08

Spring registration for Bamberg High School will be held on Thur. April 19th from 9 a.m. to 3 p.m. at BES (for families with students entering 7th grade and/or with students at both schools) and Fri. April 20, from 9 a.m. to 3 p.m. at BHS. Please know registration can be completed before or after these dates if necessary.

Please bring any changes/update in DEROS, immunization updates and a COMPLETED registration packet. Registration packets will be sent home with students the week of April 2nd. If your student does not bring a packet home please stop by the high school main office to pick one up. If you are not sure if your student's information on file is current, please contact the high school at 469-7630/0951-300-7630.

Registration is required for all new and returning students. Parents/sponsors must register their student(s) in person. Incomplete packets, including those missing any of the documents above, will not be accepted. Please be aware, further documentation will need to be verified at the registration site.

New eligibility guidelines announced for Free/Reduced School Lunches

DODEA News Release- April 4

Defense Department Education Activity officials are encouraging families of children attending its overseas schools to reapply for free and reduced price school lunches.

Earlier this year, DoDEA requested an increase in the reimbursement rate the U.S. Department of Agriculture provides for school lunches. The USDA approved the request and also

authorized the use of the Alaska Income Eligibility Guidelines in qualifying families to participate in the program. As a result, more families may qualify for free or reduced-price lunches, DoDEA officials said. This change will apply to children attending DoDEA schools overseas in Europe.

The Army and Air Force Exchange Service is the largest school food authority, providing USDA-approved school meals to students on Army and Air Force installations in nine countries throughout Europe and the Pacific.

The school lunch program is designed to meet federal requirements for nutritionally balanced meals and to offer free or reduced price meals to eligible children. To find out if you qualify for the free or reduced lunch program under the new guidelines, contact the Bamberg CYS Central Registration at 469-7716 or 8660.

Thur. April 19—BES Family fun night

Mark your calendars for Bamberg elementary school's family fun night on Thur. April 19 from 5:30-7 p.m. It's a night of games for the entire family.

Verify your scholarship application receipt

An online verification form for the Defense Commissary Agency 2007 Scholarships for Military Children program will be available from March 31 to July 1, 2007, at http://www.militaryscholar.org.



<u>Kids & Teens</u> April 10 –12 CYS Babysitter Training

Become a certified Babysitter now and get your name added to the CYS babysitter referral list! The CYS Babysitter Training Course will teach youth ages 12 to 18 basic safety, CPR skills, and developmentally

appropriate activities for young children. The certification course will be taught Tue. April 10 though Thur. April 12 from 9 a.m. to 4 p.m. Course fee is \$20. Sign –up by April 6 at Central Registration. Call 0951-300-8660 for details.

Sat. April 14 - Parents Day Out

CYS is offering free Child Care at the Child Development Center on Sat. April 14 from 11:30 a.m. to 3 p.m. Child Care is available for CYS registered children 6 weeks old and up. Priority goes to families with a deployed spouse. To sign-up contact Central Registration at 0951-300-8660.

MOMC calendar at CYS Central Registration

Month of the Military Child Activities will continue throughout April. Pick up a complete MWR calendar of events at CYS Central Registration for CDC age children (6 weeks to 5 years old), School Age Services children (kindergarten to 5th grade) and Youth Services/ Middle School Teen program youth (6th grade - 18 years)



Pre-School children at the Bamberg Child Development Center (CDC) watch Soldiers from the 54th Engineer Battalion lower the flag during a Retreat ceremony on Monday evening. Margie McPherson, CDC assistant director explains to the children what the Soldiers are doing to pay respect to our nation's flag. Participation in Reveille and Retreat is one of the many activities taking place for children during the month of April.

Month of the Military Child Activities planned at the Bamberg CDC for children ages 6 weeks to 5 years old.

Fri. April 13 Patriotic Bike Rodeo—3:30 p.m.

Tue. April 17 Community Guest Readers—3 p.m.

Wed. April 18 Patriotic Community Parade—10 a.m.

Fri. April 20 Ice cream social—3:30 p.m.

Fri. April 20 Ice cream social—3:30 p.m. Fri. April 27 Patriotic American Luau /

carnival for children/ parent - 10 a.m. to noon

Apply for 2007 Camp A.R.M.Y. Challenge

In support of families of deployed service members, IMCOM-E Morale, Welfare and Recreation will host four 2007 Camp A.R.M.Y. Challenge sessions this summer!

City Adventure:

July 16-21 in Heidelberg, Germany Age Group: Middle School (Grades 6-8)

Tall Ship Sailing Program:

July 21-27 and

July 27-August 1 on the Baltic Sea Age Group: High School (Grades 9-12)

Island Adventure:

August 6-11 in the North Sea Age Group: Middle School (Grades 6-8)



Applications are due by Fri. May 4

Participants have the common bond of having one or both parents deployed. Camp A.R.M.Y. Challenge—which stands for Adventure, Resilience, Memories, Youth—is an opportunity to get away for a week of fun and a chance to meet other kids facing the challenges of having a parent deployed. Camp sessions will include activities to help youth develop strategies to cope with the stress associated with deployment. Details on eligibility, application process, and camp selection process are available online at www.mwr-europe.com. Applications are due by midnight May 4.

Sports and Fitness



Sat. April 21 Bamberg to host Power Lifting Championship

The 2007 U.S. Forces Europe Power Lifting Championships will be held at the Bamberg Freedom Fitness Facility on Sat. April 21 starting at 8 a.m. Events include men's and women's divisions. Participants may compete individually or as a team. Weigh-ins will be conducted on Saturday

from 8 to 9:30 a.m. Call to pre-register or register same day. Call the Freedom Fitness Facility at 0951-300-8890 or go to www.mwr-europe.com for more details and restrictions. This event is open to U.S. ID card holders.

Mountain Bike Series begins

The 2007 U.S. Forces Europe Mountain Bike Championship Series will be held April 14 - September 8 at various locations in Germany and Italy. A registration form must be filled out for every race and can be found online at www.mwr-europe.com. Open to US ID Cardholders.



April 14 Aviano, Italy DSN 496-7934

May 19 Grafenwöhr, GE DSN 475-7402

June 23 Hohenfels, GE DSN 466-2060

July 15 Ramstein, GE DSN 496-7934

July 28 Ansbach, GE DSN 467-3224

August 11 Darmstadt, GE DSN 348-6277

August 25 Dexheim, GE DSN 337-5760

September 8 Garmisch, GE DSN 440-2638

Entertainment & Leisure

Tue. April 17—Play Bingo, Win Polish Pottery

The Bamberg Spouses' and Civilians' Club presents POLISH POTTERY BINGO on Tuesday, April 17th at the High School Multi-Purpose Room. Doors open at 6 p.m. Games start at 7 p.m. \$8 or \$15 packets are available which include playing cards and raffle tickets. Special \$1 kid cards and raffle tickets. Proceeds from all B.S.C.C. events help fund grants and scholarships for groups and members of the Bamberg Community. This is the last game of the season, so come out and have a blast!

AAFES Bamberg Movie Schedule

AAFES Reeltime Theater is CLOSED Tues. and Wed.



Fri.	April 6	Reign Over Me (R)	7 p.m.
Sat.	April 7	Epic Movie (PG-13)	4 p.m.
		Reign Over Me (R)	7 p.m.
Sun.	April 8	Epic Movie (PG-13)	4 p.m.
		Blood & Chocolate (PG-13)	7 p.m.
Mon.	April 9	Epic Movie (PG-13)	7 p.m.
Thur.	April 12	Blood & Chocolate (PG-13)	7 p.m.
Fri.	April 13	Because I Said So (PG-13)	7 p.m.
Sat.	April 14	Meet the Robinsons (G)	4 p.m.
		Because I Said So (PG-13)	7 p.m.
Sun.	April 15	Meet the Robinsons (G)	4 p.m.
		The Messengers (PG-13)	7 p.m.
Mon.	April 16	Because I Said So (PG-13)	7 p.m.
Thur.	April 19	The Messengers (PG-13)	7 p.m.
Fri.	April 20	Letters from Iwo Jima (R)	7 p.m.
Sat.	April 21	Are We Done Yet? (PG)	4 p.m.
		Hannibal Rising (R)	7 p.m.
Sun.	April 22	Are We Done Yet? (PG)	4 p.m.
		Letters from Iwo Jima (R)	7 p.m.
Mon.	April 23	Hannibal Rising (R)	7 p.m.
Thur.	April 26	Breach (PG-13)	7 p.m.
Fri.	April 27	Perfect Stranger (R)	7 p.m.
Sat.	April 28	Tyler Perry's Daddy's Little Girls (G)	4 p.m.
		Perfect Stranger (R)	7 p.m.
Sun.	April 29	Norbit (PG-13)	4 p.m.
		Tyler Perry's Daddy's Little Girls (G)	7 p.m.
Mon.	April 30	Norbit (PG-13)	7 p.m.
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Bamberg Whispering Pines 2007 Golf Tournament Schedule



April 14 Season Opener
Starts at 9 a.m. Entry fee is \$30
May 12 Commander's Cup
July 14 German-American Ryder Cup

Aug 25 Richard Duck Tournament Sept. 22 & 23 Club Championship As seen in the Fränkischer Tag ...

Fränkischer Tag.de

As seen in the Fränkischer Tag news brief translations will return next week.

Trips & Travel Opportunities

Go trippin' with the CAC this April

The Bamberg Community Activity Center offers the following trips for the month of April. These trips fill up quickly, so don't delay, sign up today. For more information contact the CAC at 469-8659 or 0951-300-8659.

Thur. April 12	Tour under Bamberg	Cost: \$20
April 14-15	Austria Skiing 1 overnight, 2 meals per	Cost: \$140 day & transportation
Sat. April 21	Kayaking in Wiesent River Cost: \$25 includes equipment, transportation and training from our certified instructor	
Sat. April 28	Karlovy Vary & Cheb Shopping Cost: \$40 Leaves at 6 a.m.	



Wuerzburg International Ski Club April 27–29 – End of Season Ski Trip to Ischgl

Ischgl, Austria - Top of the Mountain Concert in the snow with BEYONCE. Trip cost is 235 Euros per person and includes transportation, 2 nights

stay with breakfast and dinner. Lift tickets (which doubles as your concert ticket) must be purchased separately. For more information go to www.ischgl.ai. There is a link for English.

Don't hop on the train, without a ticket

As of April 1, train tickets for traveling on short distance / local trains in Bavaria must be purchased in advance and can no longer be purchased on the train. If the ticket machine is broken, the personnel on board will know and then tickets may be obtained on board. If caught on board without a ticket, travelers will have to pay double the price for their fare, a minimum fee of 40 Euro. (This does not apply to the following long distance trains: IC, ICE, Euro City, Euro Night). To avoid fines, plan accordingly and allow enough time prior to your departure to purchase a ticket.

Outside the Gate

What's a well to do with Easter?

By Nicole Karsh-Meibom, Bamberg PAO

Osterbrunnen or Easter wells are a Franconian tradition. On the Kar Saturday, day before Easter Sunday, wells in little villages are decorated with hundreds of colorful eggs. Nobody can tell exactly, how old the tradition is. The tradition has to do with the water shortage in the Franconian Swiss, which made wells very valuable to the community. So, before celebrating Easter, the wells were cleaned of the dirt from autumn and winter. There are several stories that explain the about the so-called Easter spring water. One says it has to be drunk very early on Easter morning without speaking to share in its healing powers. Another says that unmarried girls went through the village and sprinkled the water on the man of her choice.



A decorated fountain in Bieberbach, Germany

The Easter well usually remains decorated for up to two weeks after Easter. You can find these wells all over Franconia, like in Bamberg at the Laurenzi Platz (driving up Kaulberg towards Klinikum). Some of these wells are so beautiful that they attract bus loads of visitors, such as Heiligenstadt or Bieberach – the later having found its entry in the Guiness book of World Records as the biggest Franconian well decorated with 11,108 hand painted eggs. Find a list of local Easter wells here: http://www.osterbrunnen.de/.

You'll find many decorate wells within a short drive or bike from Bamberg, the greatest concentration being in the area called "Fränkische Schweiz" or little Switzerland.

Bamberg's Easter fountain located in the Marktplatz (the town square where Karstadt is located) will be

decorated at 2 p.m. on Thur. April 5.

Weekend Events in and around Bamberg

Friday, April 6

No public parties in town. Good Friday is a public holiday with a solemn religious background. All shops are closed and it is recommended not to have loud parties on this day.

Saturday, April 7

8 p.m. Klezmers a. jewish songs at La Comédie (Judenstraße 6)

9 p.m. Massive Beatz at Sound'n Art (Obere Sandstr. 20)

9 p.m. The Heroines at SubOptimal Stage Club

(Boettgerstr. 4)

9 p.m. Akascht at Blues Bar (Obere Sandstrasse 18) 9 p.m. DJ Volker at Stilbruch (Obere Sandstr. 18)

9 p.m. Schmuck-Hellwich-Trio feat. Christoph Hörmann at

Jazzkeller (Obere Sandstrs. 18)

10 p.m. 30 plus party (non smoking) at Live-Club

(Obere Sandstrasse 7)

10 p.m. You deserve better (Big Beat) at Morph Club

(Siechenstrasse 7a)

Sunday, April 8

5 p.m. Brose Baskets play Alba Berlin (the chief

opponent!) at Jako Arena

(Forchheimer Strasse, next to Kaufland) or watch the match at Live Club (Obere Sandstrasse 7) Jacky Dunee at Laszlo's (Martin Luther Str. 4)

8 p.m. Jacky Dunee at Laszlo's (Martin Luther Str. 9 p.m. Del Davis Reggae Night at Sound 'n' Arts

(Obere Sandstr. 20)

9 p.m. Sean Slattery at Blues Bar (Obere Sandstrasse 18) 10 p.m. Punkrock at Morph Club (Siechenstrasse 7a)

Monday, April 9 (Easter Monday)

Public Holiday, all shops will be closed

9 p.m. Jam Session at Sound 'n' Arts (Obere Sandstr. 20)
9 p.m. Kanmantu at Morph Club (Siechenstrasse 7a)
9 p.m. Dance at Live-Club (Obere Sandstrasse 7)

Tuesday, April 10

9 p.m. Sebbo at Blues Bar (Obere Sandstr. 18)

9 p.m. Holiday party at Sound 'n' Arts (Obere Sandstr. 20)

Wednesday, April 11

8 p.m. Impro Theater (in German) at Sound 'n' Arts

(Obere Sandstr. 20)

9 p.m. Choco Latte at Blues Bar (Obere Sandstrasse 18)
9 p.m. Joel Joyner at Jazzclub (Obere Sandstrasse 18)
9 p.m. Pit Pop at Stilbruch (Obere Sandstrasse 18)

10 p.m. Soiree loungesque at Morph Club

(Siechenstrasse 7a)

Thursday, April 12

9 p.m. Petula Plansch (Punk) at Sound 'n' Arts

(Obere Sandstr. 20)

9 p.m. Caprece at Morph Club (Siechenstrasse 7a)

9 p.m. Robert Oberbeck at Blues Bar

(Obere Sandstrasse 18)